

THE POSITIVE INTELLIGENCE® MODEL

Recognize Negative Thoughts

Only helpful for a few seconds



Boost Self Command

Intercepts unhelpful mental habits



Intercept the Judge

Intercept & weaken the most damaging saboteur



Intercept the Accomplices

Intercept & weaken your top accomplice saboteurs



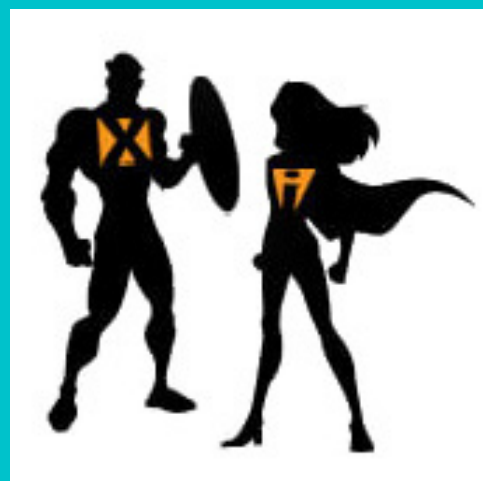
Shift from Saboteur to Sage

Activate positive emotions, achieve peak performance with a clear and calm mind



Boost the Sage Powers

Enable new powers to activate Emotional Intelligence



Take Clear-Headed, Laser-Focused Action

Activate positive emotions, achieve peak performance with a clear and calm mind



Impacts on Emotional Intelligence

Self-Awareness

- Emotional Self-Awareness
- Accurate Self-Assessment
- Self-Confidence

Social-Awareness

- Empathy
- Organizational Awareness
- Service Orientation

Self-Management

- Emotional Self-Control
- Transparency
- Adaptability
- Achievement
- Initiative
- Optimism

Relationship Management

- Developing Others
- Inspirational Leadership
- Change Catalyst
- Influence
- Conflict Management
- Teamwork & Collaboration